

## Implementation Plan for Needs Identified in the Community Health Needs Assessment

### Tioga Medical Center

FY 2019-2021

**Covered Facilities:** All Health facilities that are involved in this plan (hospitals, public health, ambulances, etc)

**Community Health Needs Assessment:** A Community Health Needs Assessment (CHNA) was performed the Winter of 2018-2019 in collaboration with Public Health to determine the most pressing needs of the Tioga area.

**Implementation Plan Goals:** The Board of Tioga Medical Center has determined that the following health needs identified in the CHNA should be addressed through the implementation strategy noted for each such need:

#### **1. Attracting and retaining young families**

*Specific Needs Identified in CHNA*

- a. Inform young families of the different clubs, organizations, events and activities in Tioga, Ray and Powers Lake communities.
- b. Improve social and economic factors

Key Objectives:

- a. Improve community involvement from young families

Implementation Strategy:

- a. Contact community clubs, organizations and businesses and collect information about how people can contact them if they are interested in getting involved
- b. Create a community events directory with this information
- c. Initial Community Event where community events directory is provided
- d. Make community events directory available online
- e. Ongoing updates to community event directory
- f. Information in community library

#### **2. Depression/anxiety among the youth**

- a. Increase awareness about depression/anxiety in the youth and services available
- b. Improve health behaviors

Key Objectives:

- a. Promote awareness of signs of depression/anxiety in youth and services available in our community for the youth with depression/anxiety

Implementation Strategy:

- b. Initial Community Event about depression/anxiety in youth for Tioga/Ray/Powers Lake
- c. Presentation by LCSW on signs of depression/anxiety in youth
- d. Presentation by Law Enforcement/Public Health signs of drug and alcohol abuse
- e. Questionnaire after event if topics were helpful and if there are other topics or information the community would like to have at another community event
- f. Follow up community events throughout the year pertaining to topic suggestions, feedback from schools and local law enforcement.
- g. After school program
- h. Big brother/Big sister program
- i. Speaker on bullying
- j. Awana's-research how they are successful

**Other Needs Identified but not addressed:**

Not enough child daycare services, Not enough affordable housing.