



Tioga Medical Center  
810 N Welo St Tioga, ND 58852  
(701) 664-3368  
[www.tiogahealth.org](http://www.tiogahealth.org)

## Press Release

March 19, 2020

RE: Information for Local Employers

Tioga Medical Center is committed to caring for our community. We are asking our local employers to be exceptionally accommodating with their employees that may fall ill.

Please DO NOT direct employees to Tioga Medical Center for a work note/release. We remain committed to following guidelines from the CDC and North Dakota Department of Health. We recommend all sick employees quarantine at home for at least 5 days and up to 14 days. Providers at Tioga Medical Center will not provide clearance to return to work prior to a 14-day quarantine, again taking into consideration information being filtered through the CDC and North Dakota Department of Health. Please refer to our website for further guidelines and updated information.

Employees that you feel need to be seen at Tioga Medical Center **MUST CALL 1-701-664-3368 AND CHOOSE OPTION 6 PRIOR TO ARRIVING** to allow our nurses to triage each case individually.

At this time, testing for COVID-19 type illness is being offered to those patients with severe symptoms or risk factors for severe disease. The majority of patients with COVID-19 like symptoms can be managed safely at home, without the need for medical care.

Employees with severe symptoms, namely trouble breathing, should report to the Emergency Department as usual.

Employees should be symptom free before returning to work.

Thank you for attention and understanding during this time.

Tioga Medical Center Staff